Emmanuel Catholic College

Tips for Students Prior to the Examination

Tip #1 - Know What to Study

Whilst we do not know what the questions in the examination will be, we can identify what sections of our subject is examinable. Course outlines, previous tests, sections in the text books that have been covered during the year are all important to direct a student to what to study. If in doubt always gain clarification from your teacher.

Tip # 2 - Start your Preparation Now

The best time to start preparing for your examinations was yesterday. So if you have not started you need to start studying today. Set yourself a study schedule for all examinable subjects and ensure that you study each subject regularly. If students want to do well in exams they need to start preparing early and not leave their study until the last minute. It is common for students to feel overwhelmed and to delay the study process but it is really important to start the studying process and to avoid distractions. The earlier you start the better.

Tip # 3 - Practise Examination Style Questions

Generally, practise makes better. We know that sportspersons, dancers, musicians and singers improve their level of performance when they practise their craft regularly. The same applies with academic examinations. There is normally a strong correlation between effort (practise) and achievement. It is important to practise all aspects of the course particularly those areas of the course that you don't know so well. It is also important to practise examination style questions. Your teacher can assist you identify these types of questions.

Tip #4 - Keep a Healthy Lifestyle

It is most important that students in their preparation for examinations keep a healthy lifestyle. This refers to maintaining a balanced diet, regular exercise, make time for recreational activities and enjoy a good, 'normal' night's sleep. This will keep you fresh and alert throughout your examination period.

God Bless,

Mr Leo Di Gregorio
Principal