

EMMANUEL CATHOLIC COLLEGE CANTEEN MENU

BREAKFAST 7.45AM TILL 8.45AM

Selection of Whole Fruit	\$1.50
Fresh Fruit Salad	\$3.50
Up and Go	\$2.50
Hash Brown	\$0.50
Bacon & Egg Wrap (with cheese and BBQ sauce)	\$4.50

MORNING RECESS AND LUNCH

BURGERS

Steak & Salad (steak, salad & sauce)	\$5.00
Steak the Lot (steak, bacon, cheese, egg, beetroot, salad, mayo & sauce)	\$6.00
Hamburger (beef pattie, beetroot, salad & sauce)	\$5.00
Cheese Burger (beef pattie, onion, cheese & sauce)	\$4.50
Fish & Salad Burger (fillet of fish, salad & mayo)	\$4.50
Chicken & Salad (crumbed chicken breast, salad, cheese & mayo)	\$5.00
Veggie Burger (Vegetable Patie, Salad, beetroot & sauce)	\$4.50

(Salad Includes - Lettuce, Tomato, Cucumber, Spanish Onion and Carrot)

SANDWICHES

(Sandwiches Made With White, Wholemeal or Gluten Free Bread)

Salad	\$3.00
Chicken	\$3.50
Ham	\$3.50
Tuna	\$3.50
Cheese	\$3.00
Egg & Mayo	\$3.00
Add Salad	\$1.00

(Salad Includes - Lettuce, Tomato, Cucumber, Spanish Onion and Carrot)

Gluten free bread \$1.00 extra

TOASTED SANDWICHES

(Made With White, Wholemeal or Gluten Free Bread)

1 Filling	\$3.50
2 Filling	\$4.00
3 Filling	\$4.50

*Choose from; Ham, Chicken, Cheese, Roasted Capsicum, Sundried Tomato, Avocado and Tomato. **Gluten free bread \$1.00 extra***

TOASTED FOCACCIA'S

1) Honey Ham, cucumber, spanish onion, sundried tomato, cheese and chilli mayo	\$5.50
2) Chicken, avocado, tomato, cheese, spanish onion, cos lettuce and mustard relish	\$5.50
3) Bacon, tomato, cheese, beetroot, onion jam and roasted capsicum	\$5.50

SALADS

Garden Salad (Lettuce, tomato, cucumber, spanish onion, fetta, carrot, olives, sundried tomatoes and dressing)	\$5.50
Cesar Salad (Baby Coz teamed with garlic croutons, crispy bacon, egg, shaved cheese and ceasar dressing)	\$6.00
with chicken	\$7.00
Spicy Chicken Salad (Garden salad topped with grilled chicken strips and dressing)	\$6.50

Monday & Wednesday

Spaghetti Bolognese	small \$4.50 large \$6.00
Roast Chicken & Salad (garden salad served with 1/4 of cold roast chicken and dressing)	\$7.00
Chicken Chilli Wrap (filled with crumbed chicken, lettuce, cheese & chilli mayo - served warm)	\$5.50
Mrs Macs Giant Sausage Roll	\$3.00

Tuesday & Thursday

Sushi (5 pieces served with ginger, soy and wasabi)	\$6.00
traditional Beef Pie (Mr's Mac's)	\$3.50
Thai Chicken Curry (chicken breast cooked in our aromatic Red Thai Curry served with rice)	\$6.00
Panini (french stick filled with ham, salami, cheese, tomato, cucumber, spanish onion, lettuce, sundried tomato and mustard relish)	\$5.50
Chicken Parmigiana Burger (crumbed chicken, ham, tomato, cheese & salad in a burger bun	\$5.00

Friday

Lasagna (homemade)	small \$4.50 large \$6.00
Buffalo Chilli Chicken Wings (served with rice)	\$5.50
Beef Stroganoff beef slowly cooked with mushrooms, paprika and served with rice)	\$6.00
American Hot Dog (fresh bun filled with BBQ sausage, bacon, onion, cheese, mustard and tomato sauce)	\$4.50

PLEASE ASK THE CANTEEN STAFF FOR DAILY SPECIALS!

DRINKS

Flavoured Milk; Mocha, Choc, Strawberry and Spearmint.	
600ml	\$4.00
300ml	\$2.50
Dare; Mocha 500ml	\$4.00
Berrie Juice 350ml	
Orange, Multi-V, Apple & Pineapple	\$3.00
Just Juice Box (Tropical, Orange, Apple & Blackcurrant)	\$1.50
Lipton Tea (Mango, Peach & Raspberry	\$4.00
LOL (Tropical, Mango, Raspberry & Blackcurrant)	\$2.50
Up & Go Bannana, Vanilla & Chocolate)	\$2.50
Kyneton Mineral Water 600ml	\$4.00
Kyneton Mineral Water 300ml	\$2.50
600ml Water	\$2.00



TO ENSURE PROMPT SERVICE AND AVOID QUEING PLEASE ENSURE ALL ORDERS ARE IN BY 8.45AM